Amendments to the Claims:

The following listing of claims will replace all prior versions, and listings, of claims in the application:

(Currently Amended) A method for determining sleep stages of an examinee,
the method comprising:

detecting signals of the examinee with a biosignal detector that is non-restraint, non-contact and non-invasive to the examinee;

by gain-controlling the detected signals such that amplitude of the detected signals does not exceed an upper limit threshold or is not below a lower limit threshold, the gain being set so that an amplitude of the output signals becomes small when a peak value of the signals exceeds an upper limit threshold, whereas the amplitude becomes large when the peak value is below a lower limit threshold;

calculating a signal strength variance value that indicates variation of the calculated signal strength; and

determining a sleep stage by using the signal strength variance value or a value derived from the signal strength variance value as an indicator value.

- 2. (Previously Presented) The method for determining sleep stages of an examinee according to claim 1, wherein the indicator value is the signal strength variance value detected in a predetermined time period.
- 3. (Previously Presented) The method for determining sleep stages of an examinee according to claim 1, wherein the indicator value is a signal of a difference between the signal strength variance value detected in a predetermined time period and a moving average of the variance value.

- 4. (Previously Presented) The method for determining sleep stages of an examinee according to claim 1, wherein the indicator value is a moving average calculated from the signal strength variance value detected in a predetermined time period.
- 5. (Currently Amended) The method for determining sleep stages of an examinee according to claim 1, wherein a signal strength variance signal value obtained by removing abnormal values from the signal strength variance value or a value derived from the signal strength variance value is used as the indicator value.
 - 6. (Canceled)
 - 7. (Canceled)
- 8. (Currently Amended) The method for determining sleep stages of an examinee according to elaim 7claim 1, wherein the biosignal detector comprises:
 - a pressure detection tube
 - a pressure detection sensor; and
- a biosignal extractor, wherein the biosignal extractor extracts biosignals from a pressure variation detected by the pressure detection sensor.
- 9. (Previously Presented) The method for determining sleep stages of an examinee according to claim 1, wherein the biosignal detector is a heartbeat signal detector, such as at least one of an electrocardiograph and a pulse rate meter.